

BLOOD-ALCOHOL CHART

The % of alcohol in your blood can be estimated by COUNTING YOUR DRINKS (1-drink equaling 1 volume oz. of 100 proof alcohol or 1-12 oz. bottle of beer or 5 ozs. of table wine).

Referencing the Blood-Alcohol Chart below and SUBTRACTING the % of alcohol “burned up” during the time elapsed since your first drink, you will be able to estimate your Blood Alcohol Content (BAC).

No. Hours Since 1st Drink	1	2	3	4	5	6
SUBTRACT	.015%	.030%	.045%	.060%	.075%	.090%
	Example – 180 lb. man - 8 drinks in 4 hours .167%					
	minus .060% = .107%					

% OF BLOOD ALCOHOL
 .000 to .050
 .050 to .080
 .080 & above

INTOXICATED?
 You Are Not
 You Probably Are
 You Are

IF YOU DRIVE A CAR.
 Take It Easy
 Better Not
 Illegal to Drive

FOR BEST RESULTS - DON'T DRINK AND DRIVE

FEMALE

MALE

Drinks	Body Weight in Pounds																	
	90	100	120	140	160	180	200	220	240	100	120	140	160	180	200	220		240
	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	
1	.05	.05	.04	.03	.03	.03	.02	.02	.02	.04	.03	.02	.02	.02	.02	.02	.02	IMPAIRED BEGINNING
2	.10	.09	.08	.07	.06	.05	.05	.04	.04	.08	.06	.05	.05	.04	.04	.03	.03	DRIVING SKILLS SIGNIFICANTLY AFFECTED
3	.15	.14	.11	.10	.09	.08	.07	.06	.06	.11	.09	.08	.07	.06	.06	.05	.05	POSSIBLE CRIMINAL PENALTIES
4	.20	.18	.15	.13	.11	.10	.09	.08	.08	.15	.12	.11	.09	.08	.08	.07	.06	—
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	.19	.16	.13	.12	.11	.09	.09	.08	—
6	.30	.27	.23	.19	.17	.15	.14	.12	.11	.23	.19	.16	.14	.13	.11	.10	.09	—
7	.35	.32	.27	.23	.20	.18	.16	.14	.13	.26	.22	.19	.16	.15	.13	.12	.11	—
8	.40	.36	.30	.26	.23	.20	.18	.17	.15	.30	.25	.21	.19	.17	.15	.14	.13	LEGALLY INTOXICATED
9	.45	.41	.34	.29	.26	.23	.20	.19	.17	.34	.28	.24	.21	.19	.17	.15	.14	—
10	.51	.45	.38	.32	.28	.25	.23	.21	.19	.38	.31	.27	.23	.21	.19	.17	.16	CRIMINAL PENALTIES

- High tolerance will not affect a persons Blood Alcohol Content.
- You may still be cited with Driving Under the Influence for having a Blood Alcohol Content above .05.
- Pursuant to W. V. State Code §60-6-24, this poster must be posted in any establishment selling alcoholic beverages or nonintoxicating beer September 1, 1981. Enforcement of posting will be carried out by the West Virginia Alcohol Beverage Control Commissioner.